

## Why our Rice?

Rice Quality certified by ISO standard precooked milled rice length of 6.61 mm Shorting as per requirement Fully White rice Brown rice

## Benefits of Rice

The fiber in basmati rice is soluble, meaning it adds bulk and helps move waste along the digestive tract. Eating whole grains like brown smati rice is linked to a lower risk of heart disease. Whole grains help to reduce blood cholesterol levels.

